

### 3.3) Sample Drinking CBA - Cost Benefit Analysis

**Continue my drinking the same as always.**

<b>Pros</b>	<b>Cons</b>
Change is hard Drinking is fun Drinking helps me socialize	I hate blackouts I got yelled at for missing too much work

**Opt for (circle one)**

**Safer Drinking** ♦ **Reduced Drinking** ♦ **Quitting** ♦ **Safer & Reduced Drinking**

<b>Pros</b>	<b>Cons</b>
I won't wake up all shaky My wife will be happier I will have more time to look for a better job I will save money	I will be bored The guys will think I am weird I won't know what to do for fun I get all antsy when I don't drink