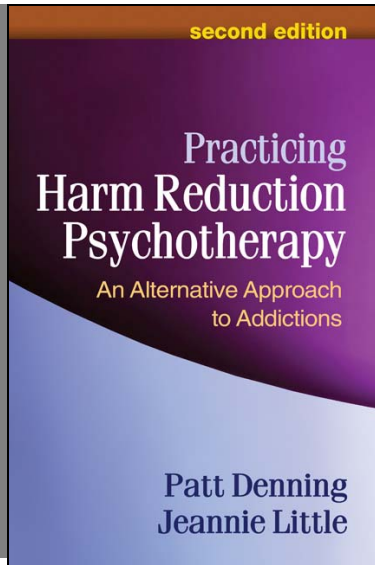


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—both at the Harm Reduction Therapy Center, San Francisco, CA

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### ABOUT THE AUTHORS

**Patt Denning, PhD** one of the primary developers of harm reduction therapy, is Director of Clinical Services and Training at the Harm Reduction Therapy Center (HRTC) in San Francisco, which she founded with Jeannie Little in 2000. HRTC provides a full range of mental health services to dually diagnosed individuals and trains hundreds of professionals each year. Dr. Denning has worked in community mental health and private practice since 1975, specializing in differential diagnosis, psychopharmacology, psychotherapy with seriously disturbed patients, HIV, and substance use disorders.

**Jeannie Little, LCSW** is Executive Director of HRTC. Since 1994, Ms. Little has developed harm reduction treatment services for multi-diagnosed clients, beginning at Healthcare for Homeless Veterans, then in private practice and at HRTC. A certified group psychotherapist, she specializes in group treatment of substance use disorders and dual diagnosis. Ms. Little is a trainer in the areas of dual diagnosis, group treatment, and professional development of staff who work in a variety of social service and housing settings.

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“Accessible to a wide array of practitioners...[Combines] discussion of research and theory with clinical case application...The book delivers on its promise of presenting an approach that is an alternative to the status quo in American SUDs treatment services.”

—*Clinical Psychology Review*

“This pioneering book presents an integrated, realistic psychotherapeutic approach for individuals with substance use problems. The second edition develops the treatment model in great detail and provides a wide range of valuable harm reduction resources—for example, guidelines for combining psychotherapy with medication for patients with serious comorbidity. An excellent practical reference for general mental health practitioners and addiction specialists.”

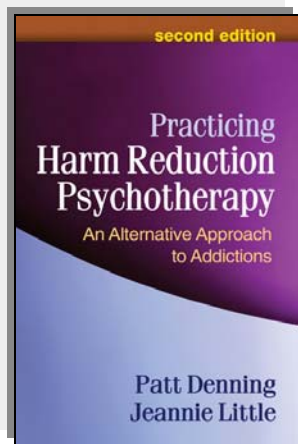
—**Linda Carter Sobell, PhD, ABPP, and Mark B. Sobell, PhD, ABPP,**  
Nova Southeastern University

“The second edition of *Practicing Harm Reduction Psychotherapy* is a book whose time has come. Harm reduction is finally recognized as a basic concept that needs to inform the treatment of all clients with substance use problems, particularly those who have co-occurring disorders. Denning and Little clearly position harm reduction as a current, integrated, nondogmatic, client-centered treatment approach.”

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New York University

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Director, Robert J. Meyers, PhD, and Associates

“Denning and Little have earned an international reputation for their research and clinical practice. Highlighting the principle of ‘doing patients no harm,’ the authors explain the theoretical background of harm reduction psychotherapy and describe how to conduct it. I recommend it to a broad readership of mental health professionals and students.”

—**Hendrik G. Roozen, PhD**,  
Novadic-Kentron Treatment Services and Erasmus  
University Medical Center, The Netherlands

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