## **Risk Ranking Worksheet**

Write down any risky behaviors you have engaged in while drinking and rank them.

Problem Behavior	Very High Risk	High Risk	Moderate Risk	Low Risk
	4	3	2	1
	4	3	2	1
	4	3	2	1
	4	3	2	1
	4	3	2	1
	4	3	2	1
	4	3	2	1

Write down a plan to avoid each of these risks in the future.

Behavior	My Plan